

Confidentiality and Privacy:

With the exception of circumstances described below, you have the right to absolute confidentiality and privacy concerning your therapy and healthcare information. To that end, with regard to your therapy and healthcare information, we will comply in all respects with the Health Insurance Portability and Accountability Act (HIPAA), 42 USC § 1320, et. seq.

It is essential that you feel confident and comfortable to share private information openly and freely with your therapist. We will not speak to anyone on your behalf without your explicit, written permission. Under HIPAA, Section 164.510(b)(3), you acknowledge and agree that we may legally speak to another healthcare provider, or a member of your family, about you without your consent, but will not do so unless the situation is an emergency. You may give written consent for your therapist to communicate and share information with whomever you chose, and you may revoke that permission in writing at any time. You may request anyone you wish to attend your therapy sessions with you, but we ask you to work with us to clarify expectations ahead of time so that we can explain the potential benefits and detriments to having another individual participate in your therapy.